



Wellness Benefit  
**Hospital Indemnity Protection Plan**



# Helping you **protect your finances and your health.**

Each calendar year  
you could earn:

**\$50**

Complete at least one of these screenings or tests to earn the wellness benefit:

- Blood test for breast cancer
- Blood test for colon cancer
- Blood test for myeloma
- Blood test for ovarian cancer
- Blood test for prostate cancer
- Blood test for triglycerides
- Bone marrow testing
- Breast ultrasound
- Chest X-ray
- Colonoscopy
- Fasting blood glucose test
- Flexible sigmoidoscopy
- Hemoccult stool analysis
- Mammography
- Pap smear
- Serum cholesterol test
- Stress test on a bicycle or treadmill
- Thermography
- Virtual colonoscopy

## Program rules.

- Screenings or tests must be completed during the calendar year.
- A covered spouse can also earn a benefit.
- The benefit will be paid for one screening or test each calendar year, regardless of the results. The benefit is paid in addition to any other payments you and/or your covered spouse receives under the policy.

See your official Hospital Indemnity plan documents for benefit details.



# The wellness benefit may be money in your pocket.

## Preventive care is covered at no cost to you by most health plans.<sup>1</sup>

Getting a blood test, mammogram or other screening to meet your wellness benefit earns you money by using your plan. Routine checkups and screenings can:

- Help you avoid serious health problems.
- Allow you and your doctor to work as a team to manage your overall health.
- Assist you in reaching your personal health and wellness goals.

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## Help maintain your health with [uhc.com/preventivecare](https://uhc.com/preventivecare).

- View health guidelines and recommendations specific to your age and gender.
- Get useful health tips.
- Access related tools, resources and materials to support your overall health and potentially lower your out-of-pocket health care costs.

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## Better together.

Once you have the preventive recommendations specific to you, you can use them to work with your doctor to:

- Evaluate your current health status.
- Determine any appropriate treatments.
- Address any concerns you may have.
- Make medical decisions that fit your lifestyle.

## Want to learn more?



See your official Hospital Indemnity plan documents for benefit details.



### This is a Hospital Indemnity only policy.

<sup>1</sup> While many health plans cover preventive care without cost-sharing when provided by a network physician, some charges may apply to these services when they are considered diagnostic (for example, services rendered to treat a health condition). Check your benefit plan documents to see what services are covered.

This information does not replace your official plan documents. Please see your official plan documents for all coverage details, which includes limitations and exclusions.

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MT-1176223.0 6/18 ©2018 United HealthCare Services, Inc. 18-8205-A